

SKOKIE SCHOOL DISTRICT 68
ELEMENTARY SCHOOL LUNCH MENU

February, 2012

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | 1 Beef & Broccoli Over Brown Rice Or Popcorn Chicken Mixed Green Salad Cucumber Slices Fresh Banana 100% Merry Cherry Juice | 2 Fresh Baked Potato with Steamed Broccoli & Cheddar Cheese Or Turkey Burger on a Whole Wheat Bun Mixed Green Salad Sweet Carrot Coins Homemade Coleslaw Fresh Pear | 3 Egg Salad and Fresh Vegetable Plate Or Whole Grain French Toast Sticks with a Cheese Omelet Mixed Green Salad Cherry Tomatoes Fresh Orange Wedges Warm Cinnamon Peaches |
| | 6 Soft Chicken Tacos Or Fruit Salad Plate with Cheese & Crackers Mixed Green Salad Seasoned Green Beans Granny Smith Apple Mandarin Oranges | 7 Whole Grain Chicken Nuggets Or Chicken Stir Fry over Brown Rice with Broccoli Floret's Mixed Green Salad California Medley Veggies Diced Peaches Fresh Grapes | 8 Cheese Filled Spinach Tortellini Or Whole Grain Pizza Dippers with Marinara Sauce Mixed Green Salad Black Eye Peas Fresh Pear Homemade Pumpkin Bar | 9 Nachos Supreme with Lettuce and Cheese Or Turkey & Cheese in a Whole Wheat Wrap Mixed Green Salad Chipotle Sweet Potatoes Golden Delicious Apple 100% Blue Raspberry Juice | 10 Tuna Melt on a Whole Grain English Muffin Or Chicken Sandwich on a Whole Grain Roll Mixed Green Salad Seasoned Red Potatoes Fresh Orange Wedges Cinnamon Applesauce |
| | 13 Sliced Roasted Turkey and Gravy Or Popcorn Chicken Whipped Potatoes w/Gravy Whole Grain Roll Sweet Garden Peas Mixed Green Salad Fresh Pear Mandarin Oranges | 14 Macaroni and Cheese with Homemade Cheese Sauce Or Turkey Hot Dog on a Whole Wheat Bun Mixed Green Salad Cherry Tomatoes Granny Smith Apple Tropical Pineapple | 15 Sweet & Sour chicken over Brown Rice Or Toasted Cheese Sandwich on Whole Wheat Bread Mixed Green Salad Carrot Coins Fresh Grapes 100% Merry Cherry Juice | 16 Veggie & Cheese Frittata Or Hamburger on a Whole Wheat Bun Mixed Green Salad Steamed Spinach Fresh Orange Wedges Applesauce | 17 Chicken Pot Pie over a Whole Grain Biscuit Or Whole Grain Pizza Dippers Mixed Green Salad Whole Kernel Corn Fresh Banana Mixed Fruit |
| | 20 Presidents' Day No School | 21 Soft Shell Turkey Tacos Or Fruit Salad Plate with Cheese & Crackers Mixed Green Salad Carrot Raisin Salad Fresh Banana Mixed Fruit | 22 Hummus and Fresh Vegetables with Multi Grain Pita Triangles Or Whole Grain Chicken Nuggets Mixed Green Salad Orange Glazed Sweet Potatoes Fresh Pear Chilled Pineapple | 23 Southwest Chicken Wrap in a Whole Wheat Wrap Or Whole Grain Cheese Pizza Mixed Green Salad Marinated Black Bean Salad Fresh Grapes Applesauce | 24 Veggie Burger on Whole Grain Bun with Marinara Sauce Or Mini Corn Dogs Mixed Green Salad Fresh Baby Carrots 100% Twisted Mellon Juice Orange Wedges |
| | 27 Black and White Bean Salsa in a Whole Grain Wrap Or Turkey Hot Dog on a Whole Wheat Bun Mixed Green Salad Sweet Garden Peas Fresh Grapes Sweet Pears | 28 Chicken Caesar Salad with a Multigrain Roll Or Whole Grain Beef Pizza Quesadilla Mixed Green Salad Broccoli Salad Fresh Apple Cling Peaches | 29 Beef & Broccoli Over Brown Rice Or Popcorn Chicken Mixed Green Salad Cucumber Slices Fresh Banana 100% Merry Cherry Juice | | Available Daily: PB&J Club on Whole Wheat Bread Cheese Sandwich on Whole Wheat Bread Meatless Garden Salad Turkey Cold-Cut Sub on Whole Wheat Bun |

PLEASE NOTE

Menu changes may be necessary. Notice will be given when possible.
1% and fat free milk served daily. *Contains pork. Whole wheat bread served daily.
* Items listed in Green are Meatless Entrées. Questions about the menu?
Call Marv Barishman @ 847/568-7586