

Regular Board Meeting – January 17, 2012

**SUBJECT: ADOPTION OF POLICY 5137: STUDENT ATHLETE CONCUSSIONS
AND HEAD INJURIES**

Any student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional.

The District shall comply with the protocols, policies, and by-laws of the Illinois High School Association (IHSA) as they may be applied to an elementary school district. The protocols, policies, and by-laws of the Illinois Elementary School Association (IESA) shall serve as guidance regarding the implementation of comparable IHSA rules at the elementary school level.

The District shall provide information on this policy as part of a written document that student athletes or their parents/guardians are required to sign before any student athlete participates in practice or interscholastic competition.

The District shall use education materials provided by IHSA to educate coaches, student-athletes, and parents and guardians of student athletes about the nature and risk of concussions and head injuries, including continuing to play after a concussion or head injury.

Adopted: 1/17/2012

Leg. Reference: 105 ILCS 5/10-20.53