



LUNCH PROGRAM NEWS

What's new with the District 68 meal program?

WE HAVE NEW MENUS!!!

- * More vegetarian options
- * More fresh fruit and vegetables
- * Whole grain products
- * Baked (not fried) components
- * Introduction of more homemade entrees
- * Your child has a choice between 2 entrees every day. Check the monthly menus for daily offerings.
- * Menus are posted on our website: www.skokie68.org. Menus are also available at the school and the district office.

DID YOU KNOW THAT WE SERVE BREAKFAST DAILY?

Start the day out right with breakfast! If you are running short on time in the morning, your child can enjoy a healthy breakfast at school.

- * Breakfast is offered daily at all schools.
- * The cost is \$1.50 (\$.30 for students eligible for reduced price lunches)
- * Monthly menus list the daily offerings

DOES YOUR CHILD HAVE DIETARY RESTRICTIONS?

Contact the district office for more information on how to restrict the types of foods your child can purchase.

CAFETERIA ACCOUNTS

- * Weekly Email messages are sent for low or negative balances.
- * If you would like a detailed statement, contact the district office. The school office will contact you if your child has a negative account balance.

Deposits:

- * Checks made out to *Skokie School District 68* or cash are accepted at the school. *SEAL* the deposit in an envelope and mark with the child's name and "Lunch Deposit". *Please avoid sending cash if possible.*
- * Charge deposits can be made online or at the district office.

Statements:

- * View online by creating an account at www.mymealtime.com . After you have created the account you must add your student(s). Call the school or district office to obtain your child's student ID number. To view purchase history, click on "View Details".
- * Don't have internet? Call the district office or the school and request a detailed statement.

NATIONAL SCHOOL LUNCH PROGRAM

This federal government program provides free or reduced price meals for low income children.

You must apply every year to receive benefits.

If your financial situation changes during the school year, you can apply again. You may be eligible for benefits. A blank application is enclosed. If this is not the first time you have applied this year, please include income verification, such as check stubs or TANF case number notification form.

MORE QUESTIONS? Please call the district office at 847/676-9000 or email boshita@skokie68.org. We will be glad to assist you.